FOOD NETWORK CLASH OF THE GRANDMAS WINNING RECIPES

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Food Network Clash of the Grandmas Rebecka Evans-Photo courtesy of Food Network

I'm happy to say that my Food Network debut went better that I could have ever expected. Four grandams battled it out on Food Networks new Holiday series "Clash of the Grandmas" and I took home the First Place win and 10K Grand Prize with my Mexican Biscochito Cookie with Cinnamon Tequila Ice cream Sandwich.

Hosted by Cameron Mathison, Holiday-Themed Cooking Battles

Begin Sunday, November 13th at 10pm ET/PT

NEW YORK — October 13, 2016 — Grannies with top-notch

cooking skills kick off Food Network's holiday season

with the six-episode primetime competition series Clash of the Grandmas, premiering Sunday, November 13th at 10pm (all times ET/PT). In each episode, host Cameron Mathison welcomes four grandma super-cooks to the kitchen — but only one emerges as the \$10,000 winner. From Thanksgiving stuffing transformations and savory hand-held mac and cheese creations to decadent desserts, these grandmas are reinventing dishes with masterful home-cooking skills."



Mexican Biscochito Cookie with Cinnamon Tequila Ice Cream Sandwich. Recipe by Rebecka Evans. Photo Courtesy of Food Network

If you would've told me a year ago that I would be a competitor on *Food Network's "Clash of the Grandmas"* I would have laughed. It's been months since I filmed the show and even after winning, I'm still pinching myself in disbelief that it ever really happened.

You may be wondering what it takes for a grandma like me to be a part of Food Network and win 10K. The first hurdle is to make the conscious decision to put yourself out there and audition for the show. Honestly, I think this is the most difficult decision in the entire process. So many thoughts run through your head as you think about your ability to compete under such stressful circumstances. "Do I have what it takes?" "Can I finish my recipes on time?" "What will I look like on TV?" After working through the anxiety, my competitive nature takes over and I jump headlong into the process.

The next step: Contestants are required to fill out a *very long* written application, send in head shots, photos and videos of their food, and family, all in hopes of being chosen. After that...the waiting begins. I was surprised when I got a phone call that evening from a talent scout at Triage Entertainment. She introduced herself as a representative from *Food Network* and told me she was submitting my application to the producers for Clash of the Grandmas! I was ecstatic of course, as I did a little happy dance and maybe even shed a few happy tears. Unfortunately, getting picked for the show doesn't come that easy, this was just the first step in a very long process.

I spoke to several different producers over the next three weeks; they loved me, but every conversation ended with "You look too young to be on the show." How am I supposed to respond to that? I took the news as a compliment, but

felt that my grandma status was being overshadowed by an old perception of what grandmas should look like. I guess I'm not your "typical" grandma, but I have a true grandmothers heart. I proudly earned grandma status six years ago with the birth of our first granddaughter, Amber. Since then, we've welcomed three more granddaughters: Alexis, Annalee, Norah. We have also welcomed one grandson, Owen into our lives. They are all precious human beings, that I adore. After speaking to producers throughout the process, I thought my chances of being picked for Food Network's "Clash of the Grandmas" we're slim to none!



My beautiful grand babies Alexis, Annalee, Amber, Norah, and Owen
Photo by Rebecka Evans

After waiting several more weeks and going through more interviews, I finally got the coveted final-cut Skype interview! It was my moment to shine, so I prepared several of my favorite recipes for the producers that day. A few weeks later I got the call and they said yes! The next step sign a contract with *Food Network*.

Crunch time: After all that waiting and hoping, emails and

phone calls started to roll in and didn't slow down until my hotel reservations were booked, my flight was booked, and I was on my way to Universal Studios in Los Angeles. Did I mention my hubby got to travel with me? Food Network asked my husband to join me so they could interview him about my cooking skills during the filming of my episode. However, I had a suspicion they might use him for more than just an interview.



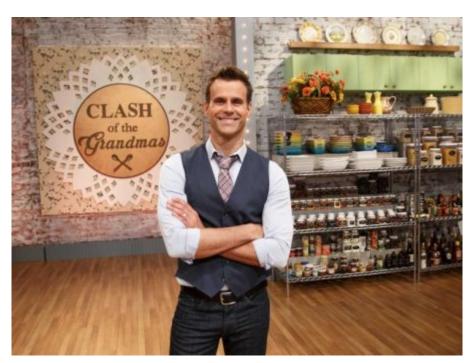
Robin Daumit (Annapolis, Maryland), Rebecka Evans (Danville, CA) Cleo Johnson (Houston, Texas), Barbara Mayo (Colliersville, Tennessee) Photo courtesy of Food Network

After arriving at the studio, I met the other grandmas. Robin Daumit (Annapolis, Maryland), Cleo Johnson (Houston, Texas), Barbara Mayo (Colliersville, Tennessee). We all took a minute to size each other up while the crew got us into our granny aprons, fixed our makeup and fluffed our hair. It didn't take long for us to realize how much fun

it was going be together on the set the *Clash of the Grandmas*. These beautiful ladies were talented cooks with big personalities, so I knew I had my work cut out for me. Although we were all there to win, it was obvious that each grandmother wanted to represent their families and grandchildren in the best way possible and none of these grandmas we're going to throw anyone under the bus.

Finally, with a lot of tenacity and focus mixed with prayers and supplication, I walked into my first television competition without any knowledge of what to expect. It was nerve-racking, amazing, and wonderful.

FOOD NETWORK'S CLASH OF THE GRANDMAS



Cameron Mathison Emmy-nominated actor and television host is the co-anchor of the most-watched entertainment news program in the world, Entertainment Tonight. Photo courteous of Food Network

The Food Network made the experience shine with our host, *Cameron Mathison*. His kindness and fun personality put us all at ease. Not to mention, he's one good looking man. He treated us grannies with respect and dignity but he didn't go easy on us when it came to the competition.

First, the four grannies create handheld versions of mac and cheese to hold the family over until dinner."

I was sure I'd be sent home the first round after I created and hand-held mac & cheese taco with tequila dipping sauce. I was struggling with the size of my pasta being too big to fit the taco shell just as my tequila sauce burned. I had to make another sauce without having the opportunity to taste it before Cameron announced the cooking time was up. Thank goodness the judges, Eddie Jackson, Brandi Milloy, and Jamika Pessoa liked my dish well enough to send me to the second round. It was great to have some positive feedback heading into the second round.

Next, they have only 30 minutes to make meatloaf for unexpected guests, with the help of unexpected sous chefs: the grandpas!" FULL VIDEO HERE



Best sous chef EVER! Photo courteous of Food
Network

I was happy to hear meatloaf dinner was our challenge for the next round and felt very confident until Cameron announced he had a surprise group of sous chefs waiting in the wings. Our husbands walked onto the set and there was my man wearing an apron! I suspected something like this might happen when Food Network asked that he travel with me to the show. By the looks on their faces, the other grandmas were really in shock, however due to the fact I know my husband's picky palate and that we work well together, I was not as overwhelmed. I made my Blackberry Hoisin Meatloaf with Roasted Potatoes and Asparagus. I put Blake in charge of making the potatoes while I focused on the meatloaf. He was the perfect sous and assisted me so well, I made it to the final round.

Then, the final two grandmas try to freeze out the competition by producing an ice cream sandwich worthy



Rocking the goggles using liquid nitrogen.

Photo courteous of Food Network

Making it to the final round was beyond my comprehension. I was competing for \$10,000 and I was also about to experience cooking with liquid nitrogen for the first time in my life. I was exhilarated about the opportunity to get my hands on the liquid nitrogen and found myself feeling like a kid in a candy store. Gloves check, goggles check, liquid nitrogen check! I was having so much fun with the liquid nitrogen, I got carried away and over froze my ice cream. I had to warm it up bit in the oven to release it from the sides of the mixing bowl. Despite that one setback, my last recipe went off without a hitch and the judges loved it.



Rebecka Evans and Barbara Mayo The last two standing. Photo courteous of the Food Network

CLASH OF THE GRANDMAS - THE WINNER IS...

The final decision with my competitor Barbara Mayo. We both stood hopeful to be the top winner and yet thrilled for the other grandma if she wins. There's nothing better than true camaraderie between competitors. Barbara created a delicious goat cheese and basil ice cream sandwich with lemon cookies. I got the chance to taste the ice cream before we went to the judging table. The flavors were delicious and creamy and by any account, a winning dish. I believed it would be her name they called in the final moment; yet however, with Gods good favor, fate, or just plain good cooking, Cameron announced me as the winner.



I WON! Photo courtesy of Food Network



Heirloom Mexican Sugar Cookie Recipe Food and Photo by Rebecka Evans

My winning recipe: Mexican Biscochito Ice cream Sandwiches with Cinnamon Infused Tequila Ice Cream made with liquid nitrogen!

Biscochitos -Mexican Sugar Cookies are a Holiday tradition in my family. The are a crispy butter or lard based cookie flavored with anise and cinnamon. It was developed by residents of New Mexico over the centuries from the first Spanish colonists of New Mexico.

The recipe for making the cookie has been greatly influenced not only by local and indigenous customs, but also by recipes brought to New Mexico by immigrants from other Hispanic countries. It is served during special celebrations, such as wedding receptions, baptisms, and religious holidays (especially during the Christmas season). *Source: Wikipedia*

You can find my family recipe for Mexican Biscochito cookies posted on *At Home with Rebecka* December 2010 *HERE*. Due to my contract with the network, I'm unable to share the full recipe for my winning ice cream sandwich. You can make your own version using store-bought ice cream as the filling. It may not be exactly the same as on the show but I can guarantee they will be delicious.

Clash of the Grandmas video links and memorable moments

REBECKA'S FLAMBE

GRANNIE'S 10 Rules for Great Cooking

Clash of the Grandmas Schedule and air dates

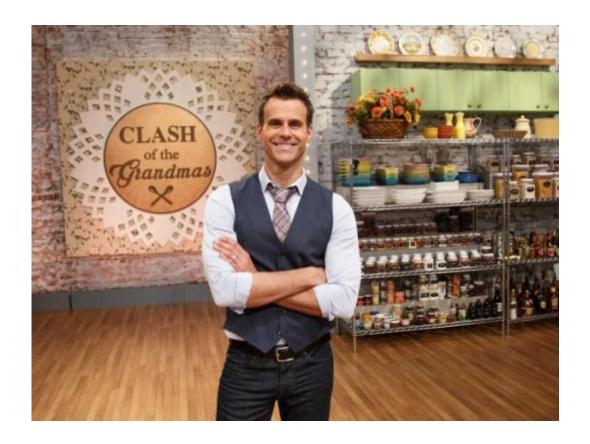
Unofficial full length youtube video Standard Youtube License.

Tune in for the final episode of *Clash of the Grandmas* and watch my friend Ally Phillips in "Grandmas World Tour" Sun, December 18, 10|9c *Read more at:*

A special thanks to Food Network, Producers, Staff, Cameron Mathison, and Judges: Eddie Jackson, Brandi Milloy, Jamika Pessoa

CLASH OF THE GRANDMAS - MY FOOD NETWORK DEBUT

Grandmas know how to cook! I can finally announce my Food Network debut! Ta DA! That's right, this happy grandma is being featured as a contestant on the Food Network's new Holiday series, *Clash of The Grandmas*!



The talented Cameron Mathison is our host and is one of the nicest people I've ever met. I hope you'll set your DVR's to record the series and tune-in to my episode; Clash of the Grandmas "Home Sweet Grandma" which Premieres Sunday, November 20th at 10pm EST. Please check with your local cable listings for times in your area.

I wasn't aware that two of my sweet friends and fellow food competitors were also on the show. You see, we're all sworn to secrecy during the process of selection and filming, so none of us knew the others were on the series until the official Food Network press release came out today. What a lovely surprise to see their names in the list below. Boy, us grannies can really keep a secret!!

Sherrie Williams will rock her talents in the kitchen on the very first episode, Clash of the Grandmas "Thanksgiving at Grandma's" and Ally Phillips will make magic in the kitchen in the final episode, Clash of the Grandmas "Grandma's World Tour".

INVITE YOUR FRIEND OVER FOR A VIEWING PARTY AND TUNE IN TO SEE MY FOOD NETWORK DEBUT... AND TO SEE WHO WINS THEIR EPISODE!

GRANDMA'S COOKING TAKES CENTER STAGE IN NEW SIX-EPISODE SERIES CLASH OF THE GRANDMAS

Hosted by Cameron Mathison, Holiday-Themed Cooking Battles
Begin Sunday, November 13th at 10pm ET/PT

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winner. From Thanksgiving stuffing transformations and savory
hand-held mac and cheese creations to decadent desserts, these
grandmas are reinventing dishes with masterful home-cooking
skills. A rotating panel of judges, including Monti Carlo, Nancy
Fuller, Eddie Jackson, Brandi Milloy, Jamika Pessoa, Aarti
Sequeira and Jake Smollett, determine the winner of each comfort
food battle.

"Nothing says the holidays like grandma's cooking, and these grannies are taking classic dishes to a new level," said Didi O'Hearn, Senior Vice President Programming, Food Network & Cooking Channel. "In this competition, age is only a number!"

Episodes are:

Clash of the Grandmas "Thanksgiving at Grandma's" Premieres Sunday, November 13th at 10pm

In an epic Thanksgiving throwdown, four grandmas are out to prove they've got game. First, they must dress up traditional stuffing ingredients to make a side dish that is anything but

stuffing. In their second clash, the grannies have to transform Thanksgiving leftovers into a tempting Italian dish. Finally, its grandmas gone trendy as the remaining two contestants vie for the \$10,000 prize by making their best Thanksgiving pie — on a stick!

Competitors: Noemi Adbessian (Glendale, California), Janice "Boo" Macomber (Abbeville, Louisiana), Tanya Marshall (Indianapolis, Indiana), Sherri Williams (Crestview, Florida) Judges: Monti Carlo, Nancy Fuller, Eddie Jackson

Clash of the Grandmas "Home Sweet Grandma" Premieres Sunday, November 20th at 10pm

First, the four grannies create handheld versions of mac and cheese to hold the family over until dinner. Next, they have only 30 minutes to make meatloaf for unexpected guests, with the help of unexpected sous chefs: the grandpas! Then, the final two grandmas try to freeze out the competition by producing an ice cream sandwich worthy of the \$10,000 prize using liquid nitrogen.

Competitors: Robin Daumit (Annapolis, Maryland), Rebecka Evans (Danville, California), Cleo Johnson (Houston, Texas), Barbara Mayo (Colliersville, Tennessee)

Judges: Eddie Jackson, Brandi Milloy, Jamika Pessoa

Clash of the Grandmas "Granny Family Food Fight" Premieres Sunday, November 27th at 10pm

Three generations join forces in a special family edition, beginning with four grandmas cooking up a pot pie that reflects their heritage with help from their son or daughter. Next, they must make a brilliant brunch featuring the colors selected by their grandchildren via video message. Then, the final two grandmas must turn peanut butter and jelly flavors into a family-pleasing dessert worthy of the \$10,000 prize.

Competitors: Saba Abed (Richmond, Virginia), Aliyah "Mama Pain"

Naim (Atlanta, Georgia), Sandy Sallin (Beverly Hills, California), Blanca Simpson (Memphis, Tennessee)

Judges: Sharone Hakman, Aarti Sequeira, Jake Smollett

Clash of the Grandmas "Christmas at Grandma's" Premieres Sunday, December 4th at 10pm

These four grandmas are definitely not taking a holiday from the kitchen! First, Santa gives them his food hack favorite, a clothes iron, which they must use in the preparation of holiday appetizers. Next, the grannies must make a Christmas main course featuring at least one fresh, one frozen and one canned ingredient. Then, the final two grandmas have to turn old-fashioned fruitcake ingredients into a holiday dessert irresistible enough to earn one of them \$10,000 and impress the judges.

Competitors: Lesa Nelms (Sarasota, Florida), Rachelle Nichols (Millbrae, California), Guenevere Reed (Powder Springs, Georgia), Maria Silva (Prospect, Connecticut)

Judges: Monti Carlo, Nancy Fuller, Eddie Jackson

Clash of the Grandmas "Glam-mas Showdown" Premieres Sunday, December 11th at 10pm

Four grandmas must master the latest slang, snacks and social media food trends if they want to win \$10,000 and impress the judges. First, they must make an afterschool snack featuring their grandkids' favorite ingredients. Next, the grannies have to prepare spicy fried chicken and grits using quick grits. Then, the final two grandmas battle by taking on social media's newest trend, food imposters, and creating a savory dish that looks like dessert.

Competitors: Joan Channon (Hawi, Hawaii), Veronica Hendrix (Los Angeles, California), Dale Roland (Groveland, Florida), Neera Sharma (Columbus, Ohio)

Judges: Eddie Jackson, Brandi Millloy, Jamika Pessoa

Clash of the Grandmas "Grandma's World Tour" Premieres Sunday, December 18th at 10pm

Four globe-trotting grandmas take off on a culinary world tour! First, they have to make pizza the Belgian way, using a waffle iron as their only baking source. Next, it's "aloha-ole!" as the grannies make a mash-up of Hawaiian and Mexican cuisines. Then, the final two grandmas go tropical as they turn the ingredients from a frozen daiquiri into a dessert that will earn them \$10,000.

Competitors: Karen Darensburg (Albuquerque, New Mexico),
Claudine Marshall (Agoura Hills, California), Ally Phillips
(Murrell Inlet, California), Genevieve Vang (Detroit, Michigan)
Judges: Sharone Hackman, Aarti Sequiera, Jake Smollett

Viewers can catch highlights of the grandma's battles at FoodNetwork.com and join the conversation on social media using #ClashoftheGrandmas.

Clash of the Grandmas is produced by Triage Entertainment.

FOOD NETWORK (www.foodnetwork.com) is a unique lifestyle network, website and magazine that connects viewers to the power and joy of food. The network strives to be viewers' best friend in food and is committed to leading by teaching, inspiring, empowering and entertaining through its talent and expertise. Food Network is distributed to more than 100 million U.S. households and up to 35 million unique web users monthly. Since launching in 2009, Food Network Magazine's rate base has grown 13 times and is now the third largest monthly magazine on the newsstand, with over 12.4 million readers. Headquartered in New York, Food Network has a growing international presence with programming in more than 150 countries, including 24-hour networks in the United Kingdom, Asia, and the Europe, Middle East and Africa (EMEA) region. Scripps Networks Interactive

(NASDAQ: SNI), which also owns and operates Cooking Channel (www.cookingchanneltv.com), HGTV (www.hgtv.com), DIY Network (www.diynetwork.com), Travel Channel (www.travelchannel.com) and Great American Country (www.gactv.com), is the manager and general partner