

FLORAL EDIBLES LIST WITH PHOTO



Borage

Versatile in flavor and visually stunning, edible flowers add beauty and grace to any plate.

This list is a work in progress. I will also be adding original photos for each variety, as time permits.

EDIBLE FLOWERS, HERB and VEGETABLE

FLOWERS: Almost all herb, vegetable and fruit flowers are edible. Some varieties can cause stomach upset or allergic reaction. If you are prone to allergic reaction err on the side of caution and eat only what you know has

not bothered you in the past.

Rose: (rose hips, petals) mild, sweet, honey flavor,
mild rose essence, red, pinks, white, yellow



Rose Petal Jelly recipe

Orchids: light cucumber – various colors

Buzz Buttons: Electric tingle on the palette – yellow
and maroon



Camellia Sinensis: Large white flower. Early, green shoots, dried to various degrees to produce the source for all green, oolong and black teas.



Dianthus: strong tart – red and magenta

Star Flower: sweet and mild, cucumber

Sun Daisy: mild

Nasturtium: spicy, peppery, sweet



Pansy: mild, tangy, velvety texture

Snapdragon: intense sweet

Sparkler Top: neutral but stunning

Viola: Tart mild

Jasmine: cucumber, sweet

Bean Flowers: sweet

Bachelor Buttons: tart, shades of pink, purple

Calendula: mild, tart

Chocolate Bell: mild chocolate

Cosmos: mild

Mums: mild floral taste

Marigolds: citrus, tangy

Fire Stix: similar to corn silk

Borage: cucumber, sweet, pink and light corn flower blue (Borage is used as either a fresh vegetable or a dried herb. As a fresh vegetable, borage, with a *cucumber*-like taste, is often used in salads or as a garnish.^[3] The flower, which contains the non-toxic *pyrrolizidine alkaloid* (PA) *thesinine*, has a sweet honey-like taste and is one of the few truly blue-colored edible substances. Source: [wikipedia.org](https://www.wikipedia.org))



Fennel Blossoms: anise, licorice

Radish: spicy, radish flavor

Squash Blossoms: mild, sweet zucchini flavor

Arugula Blossoms: spicy, sweet

Chive Blossoms: mild onion

Garlic Flowers: mild garlic, sweet

Lavender: sweet, herbal

Stevia: sweet, white